

NAP TIME

Rhymes and lullabies can help soothe children before naptime. As you read or sing, hold children close and use a soft and gentle voice.

Star Light, Star Bright

Star light, star bright,
The first star, I see tonight
I wish I may, I wish I might
Have this wish, I wish tonight
Mother Goose Nursery Rhyme

Are You Sleeping? (Frère Jacques)

Are you sleeping? Are you sleeping?
Brother John, brother John? Morning bells are ringing!
Morning bells are ringing. Ding, dang, dong.
Ding, dang, dong.
French Nursery Song

<https://youtube.com/HqUjE-GMig>