



PLAY TIME

Play time is a perfect time to share rhymes and songs! Encourage children to jump, move, and dance around as you say or sing these together.

Ring Around the Roses

Ring around the rosie, a pocket full of posies,
Ashes, ashes, we all fall down!

Mother Goose Nursery Rhyme

Five Little Monkeys

Five little monkeys jumping on the bed,
One fell off and bumped his head.
Mama called the doctor, and the doctor said,
“No more monkeys jumping on the bed!”

(Repeat with four, three, two, one...)

